

Modified Laws of the Game for U-10 and U-11 Teams

6 versus 6

LAW I - THE FIELD:

A. Dimensions: The field of play shall be rectangular, its length being not more than 70 yards nor less than 60 yards and its width not more than 50 yards nor less than 40 yards. The length in all cases shall exceed the width. Recommendation: Length - 60 yards, Width - 40 yards.

B. Markings:

1. Distinctive lines necessary, sidelines and goal lines.
2. Penalty Area - 10 yards from each goal post and 10 yards into the field of play joined by a line drawn parallel to the goal line.
3. A halfway line can be marked out across the field or otherwise indicated.
4. While other markings are possible, they are not necessary to ensure the enjoyment and development of the youngsters.
 - a. A center circle with a 7-yard radius.
 - b. Four corner arcs with a radius of two feet.
 - c. Goal Area - three yards from each goal post and three yards into the field of play joined by a line drawn parallel to the goal line.

C. Goals: Maximum -- seven feet high and seven yards wide. Minimum - size of hockey goals.

LAW II - THE BALL: Size 4.

LAW III - NUMBER OF PLAYERS:

A. Maximum number of players on the field at any one time: Six. One of these players must be designated as the goalkeeper.

B. Maximum number of player on the roster should not exceed twelve.

C. Substitutions:

1. Prior to a throw-in.
2. Prior to a goal kick.
3. After a goal by either team.
4. After an injury for either team, when the referee stops the game.
5. At halftime.

D. Playing time: Each player SHALL play a minimum of 50% of the total playing time.

E. There will be U-10 girl's teams and U-10 boy's teams. Boy's teams may be co-ed. If there is one boy on a team, it is considered a boy's team.

LAW IV - PLAYER'S EQUIPMENT: Conform to FIFA with the following exceptions:

- A. Footwear: Tennis shoes or soft-cleated shoes.
- B. Shin-guards: Mandatory.

LAW V - REFEREE:

- A. Registered referees.
- B. Associate referees.
- C. Parent/coach or Assistant.
- D. All rule infractions shall be briefly explained to the offending player.

LAW VI - LINESMEN: Use club linesmen.

LAW VII - DURATION OF THE GAME:

- A. The game shall consist of two equal halves of 25 minutes each.
- B. Half-time break shall be five minutes.

LAW VIII - THE START OF PLAY: Conform to FIFA with the following exception: Opponents must be seven yards from the center mark while the kick-off is in progress.

LAW IX - BALL IN AND OUT OF PLAY: Conform to FIFA.

LAW X - METHOD OF SCORING: Conform to FIFA.

LAW XI - OFFSIDE: There shall be no offside.

LAW XII - FOULS AND MISCONDUCT: Conform to FIFA with the following exceptions:
A. All fouls will result in an INDIRECT FREE KICK with the opponents seven yards away from the ball.
B. The referee must briefly explain ALL infractions to the offending player.

LAW XIII - FREE KICKS: Conform to FIFA with the following exceptions:
A. Shall be classified under one heading - INDIRECT.
B. Opponents must be seven yards away from the ball.
C. A goal may not be scored until the ball has been played or touched by a second player on either team.

LAW XIV - PENALTY KICKS: No penalty kicks are to be taken during these games.

LAW XV - THROW-IN: Conform to FIFA with the following exception: A second throw-in must be allowed if the player commits a foul on the initial attempt. The referee shall explain the proper method before allowing the player to re-throw.

LAW XVI - GOAL KICK: Conform to FIFA with the following exceptions:
A. Goal kick may be taken within two to three yards of the goal.
B. Opponents must be in their own half of the field when the kick is taken.

LAW XVII - CORNER KICK: Conform to FIFA with the following exception: Opponents must be seven yards away from the ball.

Note on Roster Size - While twelve is the ideal number of players for a team in this age group, having this number of players is only a recommendation. If your town or club has more than enough players to fill up the roster of one team, but not quite enough to form two teams, please increase the size of your roster instead of eliminating players.

Modified Laws of the Game for U-11 Teams

8 versus 8

LAW I - THE FIELD:

Modified Laws of the Game for U-10 and U-11 Teams

6 versus 6

- A. Dimensions: The field of play shall be rectangular, its length being not more than 80 yards nor less than 70 yards and its width not more than 50 yards nor less than 40 yards. The length in all cases shall exceed the width.
Recommendation: Length - 70 yards, Width - 50 yards.
- B. Markings :
 - 1. Distinctive lines not more than 5 inches wide.
 - 2. A halfway line shall be marked out across the field.
 - 3. A center circle with an 8-yard radius.
 - 4. Four corner arcs with a radius of two feet.
 - 5. Goal Area - 6 yards from each goal post and 6 yards into the field of play, joined by a line drawn parallel with the goal line.
 - 6. Penalty Area - 14 yards from each goal post and 14 yards into the field of play, joined by a line drawn parallel with the goal line.
- C. Goals: Maximum - 8 feet high and 8 yards wide. Minimum - size of hockey goals.

LAW II - THE BALL: Size 4.

LAW III - NUMBER OF PLAYERS:

- A. Maximum number of players on the field at any one time: Eight. One of these players must be designated as the goalkeeper.
- B. Maximum number of players on the roster should not exceed 14.
- C. Substitutions:
 - a. Prior to a throw-in.
 - b. Prior to a goal kick by either team.
 - c. After a goal by either team.
 - d. After an injury for either team, when the referee stops the game.
 - e. At half-time. D. Playing time: each player SHALL play a minimum of 50% of the total playing time.

LAW IV - PLAYER'S EQUIPMENT: Conform to FIFA.

LAW V - REFEREE:

- A. Registered Referees.
- B. Associate Referees.
- C. Parent/Coach or Assistant.
- D. All rule infractions shall be briefly explained to the offending player.

LAW VI - LINESMEN: Use club linesmen.

LAW VII - DURATION OF THE GAME:

- A. The game shall be divided into two equal halves of 30 minutes each.
- B. The half-time break shall be five minutes.

LAW VIII - THE START OF PLAY: Conform to FIFA with the following exception:
Opponents must be 8 yards from the center mark while the kick-off is in progress.

LAW IX - BALL IN AND OUT OF PLAY: Conform to FIFA.

LAW X - METHOD OF SCORING: Conform to FIFA.

LAW XI - OFFSIDE: Conform to FIFA.

LAW XII - FOULS AND MISCONDUCT: Conform to FIFA.

LAW XIII - FREE KICKS: Conform to FIFA with the following exception: Opponents must be eight yards away from the ball.

LAW XIV - PENALTY KICKS: Conform to FIFA.

LAW XV - THROW-IN: Conform to FIFA.

LAW XVI - GOAL KICK: Conform to FIFA with the following exception: Opponents must be in their own half of the field when the kick is taken.

LAW XVII - CORNER KICK: Conform to FIFA with the following exception: Opponents must be eight yards away from the ball.

Note on Roster Size - While fourteen is the ideal number of players for a team in this age group, having this number is only a recommendation. If your town or club has more than enough players to fill up the roster of one team, but not quite enough to form two teams, please increase the size of your roster instead of eliminating players.